



HONG KONG ASIAWORLD-EXPO 亞洲國際博覽館





Hong Kong Experience in Control of Wet Pack through Scientific Approach

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- **≻**Introduction
- ➤ Common Cause of Wet Pack
- ➤ Physic of Steam Sterilization
- ➤ Wet Load Strategy
- ➤ Management Aspects for Wet Pack Prevention





As	at 31 March 2022	Hospital / Institution	Specialist Outpatient Clinic	General Outpatient Clinic
	Castle Peak Hospital	✓	✓	
	Pok Oi Hospital +	✓	✓	
	Siu Lam Hospital	✓		
	Tin Shui Wai Hospital +	✓	✓	
	Tuen Mun Hospital +	✓	✓	
	Tuen Mun Eye Centre		✓	
	Kam Tin Clinic			✓
	Madam Yung Fung Shee Health Centre			✓
	Tin Shui Wai (Tin Yip Road) Community Health Centre			✓
	Tin Shui Wai Health Centre (Tin Shui Road)			✓
	Tuen Mun Clinic			✓
	Tuen Mun Wu Hong Clinic			✓
	Yan Oi General Out-patient Clinic			✓
	Yuen Long Jockey Club Health Centre			✓

SSD in Hospital	No of OT	Hospital Bed	Monthly average Instrument Reprocess (per set)	Remarks
Tuen Mun Hospital	22	2100	7100	2 Psy (~1600beds)
Pok Oi Hospital	10	800	4500	
Tin Shui Wai Hospital	4+3	300	2600	3 Remote Theaters + 9 OPDs





A. Introduction

➤ Wet loads can be defined in different ways depends on where moisture can be found

If water is present in the load, even if the outer packaging is not wet at the time of inspection, it could contaminate the packaging and render it transparent to microbial penetration

(HTM 01-01, Part C)

➤ Provide a pathway for microorganism to enter the just sterilized pack (Threat of wet pack)





B. Common Cause of Wet Pack

- 1. Excessive moisture content in steam (Wet steam)
- 2. Mal-function of vacuum pump
- 3. Mal-function of steam trap
- 4. Use correct steam traps located and maintained correctly
- 5. Inadequate insulation of steam pipes
- 6. Poor packing configuration
- 7. Over-weight of sterile pack
- 8. Over-load of sterile pack





B. Common Cause of Wet Pack

- 9. Improper loading of sterilization cart condensate drain to the pack at lower level
- 10. Improper cooling of sterilized load
- 11. Mixed load
- 12. Accumulation of condensate on one location inside the pack
- 13. Inadequate conservation of heat energy for drying
- 14. Inadequate drying time
- 15. The temperature for cooling water used in the vacuum pump exceeding 15 $^{\circ}$ C as recommended by EN 285



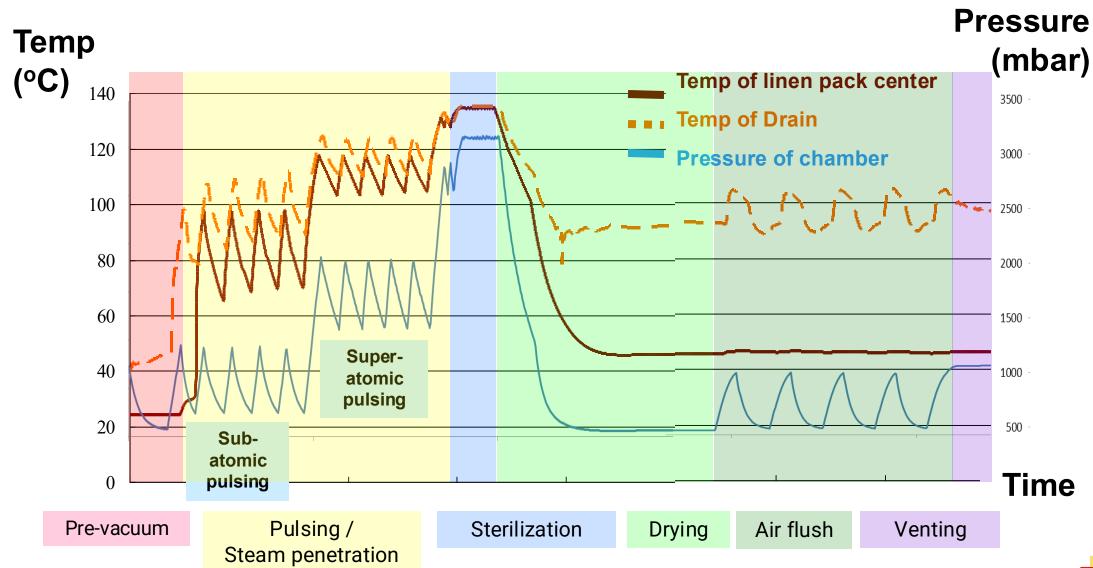


C. Physic of steam sterilization





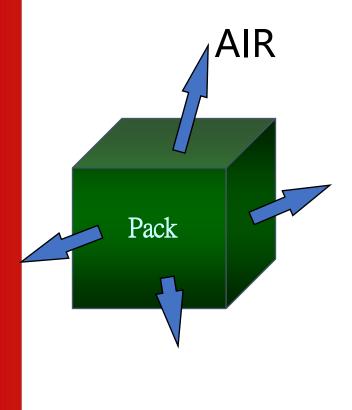
Sterilization cycle



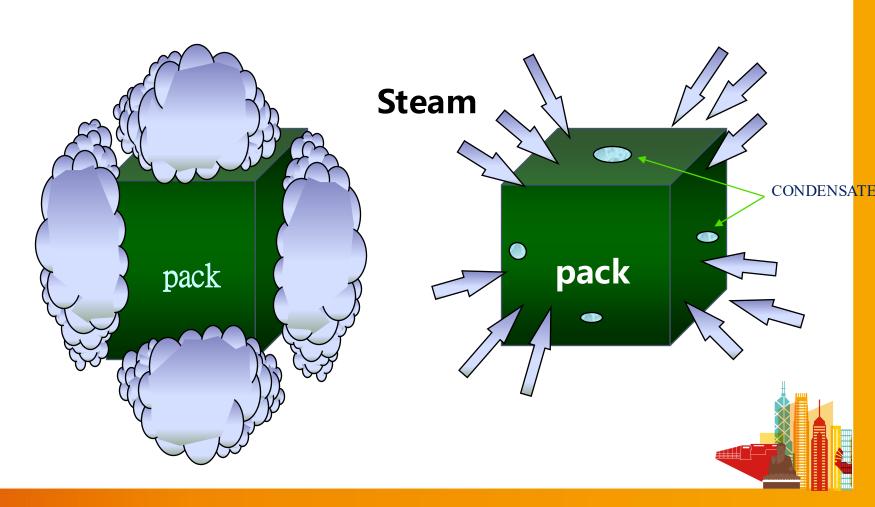


Pulsing Stage

Air Removal



Steam Admission

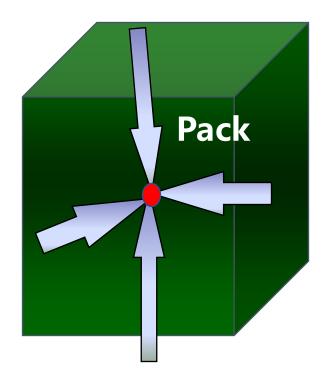




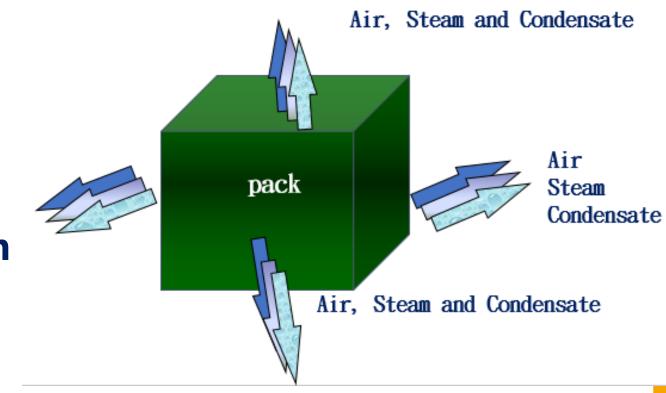
Sterilization

Drying

Steam



Steam



Steam

≻Less than 3.5% of air (EN285 2015 13.3.1)

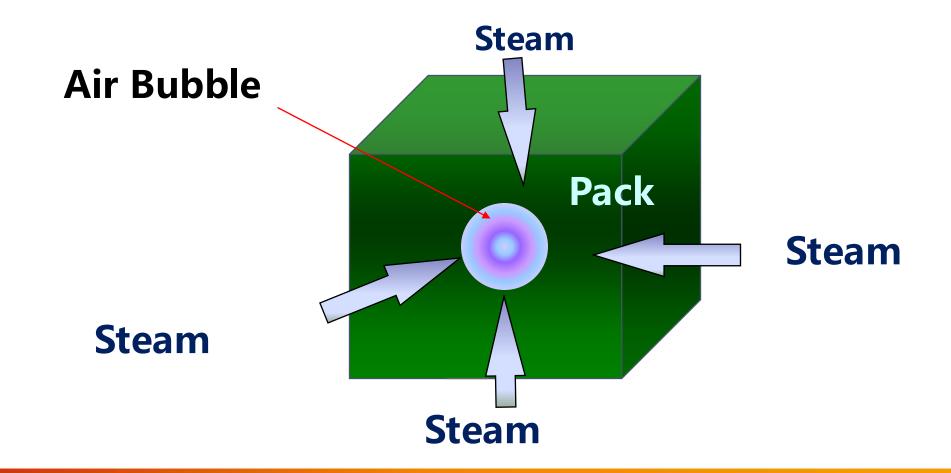


Steam



Steam Sterilization Cycle - Failure

- > Poor steam quality or air leakage in the sterilizer causing insufficient air removal
- >Air can lurk in the center of the package and hinder sterilization







Wet Pack Prevention

Don't remain sterile items in sterilizer for drying









Conservation of Heat Energy for Drying

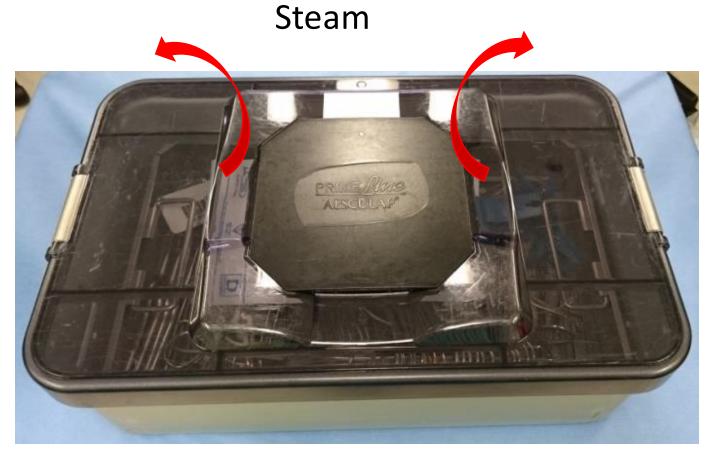


Plastic bottom have little heat energy to convert condensate to steam



Conservation of Heat Energy for Drying

➤ During drying phase, the condensate accumulated on the hot metal surface will be vaporized to become steam which expanses its volume (1:1694 at 1 bar).







Condensate Vaporized and Expanded Out

Smallest size container

- **➢ Size: 254mm x 258mm x 75mm**
- \triangleright Volume = 4914.9 cm³
- ➤ Condensate change to steam volume ratio is 1:1690 at 1 bar = 100 °C
- ➤ Assume all condensate vaporized. 4914.9 cm³ /1694 = 2.9 cm³ condensate











Physical Properties of Saturated Steam

Absolute pressure	Boiling Point	Specific Volume (steam)	Density (steam)	Specific Enthalpy of Liquid Water(sensible heat)	Specific Enthalpy of Steam(total heat)	Latent heat of Vaporization
(bar)	(°C)	(m³/kg)	(kg/m³)	(kJ/kg)	(kJ/kg)	(kJ/kg)
0.02	17.51	67.006	0.015	73.45	2533.64	2460.19
0.1	45.83	14.675	0.068	191.84	2584.78	2392.94
0.2	60.09	7.65	0.131	251.46	2609.86	2358.4
0.3	69.13	5.229	0.191	289.31	2625.43	2336.13
1 ¹⁾	99.63	1.694	0.59	417.51	2675.43	2257.92
2	120.23	0.885	1.129	504.71	2706.29	2201.59
3	133.54	0.606	1.651	561.44	2724.66	2163.22
3.5	138.87	0.524	1.908	584.28	2731.63	2147.35
5	151.85	0.375	2.669	640.12	2747.54	2107.42

1) = 1 bar abs = 0 bar gauge = 100 kPa abs = atmospheric pressure





Condensate Vaporized and Expanded Out

- **➢** Condensate change to steam volume ratio is 1:7650 at 60°C
- ➤ Assume all condensate vaporized. 4914.9 cm³ /7650 = 0.64 cm³ condensate
- ➤ At 100 °C with 2.9 cm3 condensate = 97% 100% relative humidity
- ➤ At 60°C with 0.64 cm3 condensate = 0.64 / 2.9 = 22% relative humidity. Consideration should be calculated relative humidity of the filter air for balancing the pressure at the end of the sterilization cycle.

Smallest size container (shown as image)





D. Wet Load Strategy

1) Record and analysis (repack if wet)



3)Load Dryness Test



2) Content Organize

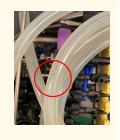
A. Change Container







B. Remove low height capacity items









C. Weight Control

≤15KG



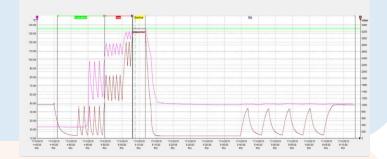
D. Minimize graphic tray



D. Wet Load Strategy

4. Optimal Drying Stage

- Extended drying time (e.g. <20min)
- Air Flush after Normal Sterilization Process



6. Use of absorbent liner

- Increase surface area of the condensate and easy to absorb energy
- Hide the wet pack problems

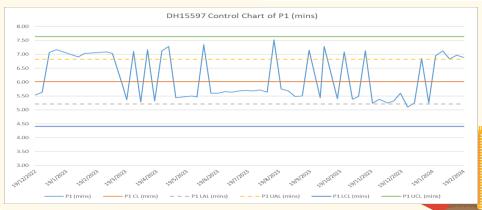
5. Vacuum Pressure Performance

Compare the vacuum pressure for assuring the efficacy of

pump



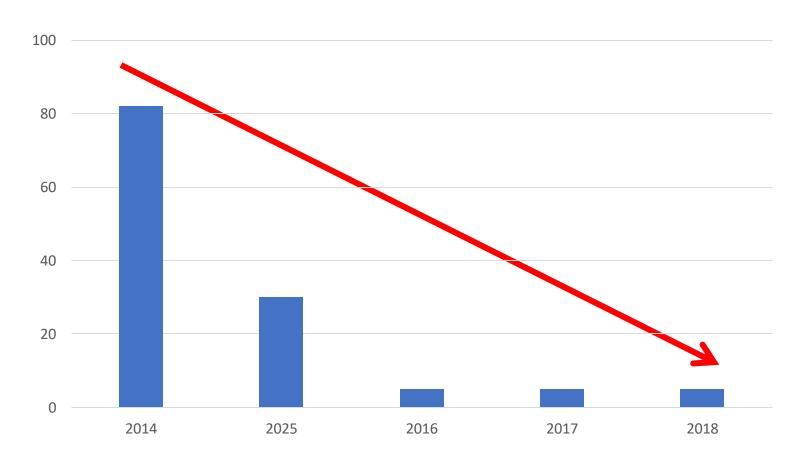
#19720237	237 Calibration date 02/11/2023 15:37:21			
Overall result				
Passed				
Detailed results	Nominal	Actual		
2. Pulsing 1				
Duration	>= 00:04:07 ; <= 00:07:30	00:06:38		
Limits [Pressure]	>= 0.00 mbar	107.00 987.00 mbar		
3. Pulsing 2				
Duration	>= 00:03:30 ; <= 00:05:23	00:04:54		
Limits [Pressure]	>= 0.00 mbar	1117.00 1912.00 mbar		
4. Pulsing 3				
Duration	>= 00:00:00	00:01:36		
 Limits [Pressure] 	>= 0.00 mbar	2130.00 2893.00 mbar		
5. Steam Admission Stage				
Limits [Temperature]	>= 0.00 °C	122.55 134.66 °C		
Duration	>= 00:00:00	00:00:33		
Limits [Pressure]	>= 0.00 mbar	2165.00 3093.00 mbar		
6. Sterilization Stage				
Limits [Pressure]	>= 3042.00 mbar	3090.00 3149.00 mbar		
Limits [Temperature]	>= 134.00; <= 137.00 °C	134.51 135.29 °C		
Duration	>= 00:03:30	00:03:30		
7. Drying Stage				
Limits (Pressure)	>= 0.00 mbar	49.00 76.00 mbar		
Duration	>= 00:24:13; <= 00:24:50	00:24:36		
8. Air Flush Stage				
Duration	>= 00:19:52 ; <= 00:31:13	00:22:49		
Total process				





ramatically Decrease of Wet pack Occurrence

No. of Wet Pack







E. Management Strategy – 1) Integrating Continuous Staff Training

Refreshment Training

- ➤ Centralize Training Practice
- > Reform the training on job functions
- >Transfer the practical experience
- >Knowledge oriented and skill transfer
- ➤ Team building

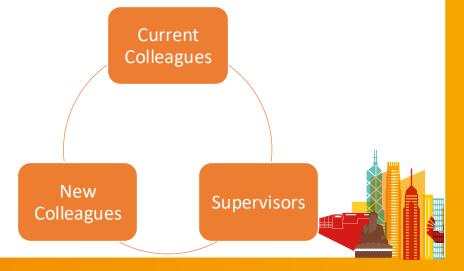
Reform Weekly Training

Autoclave Operator Training

Review Preceptorship Prog

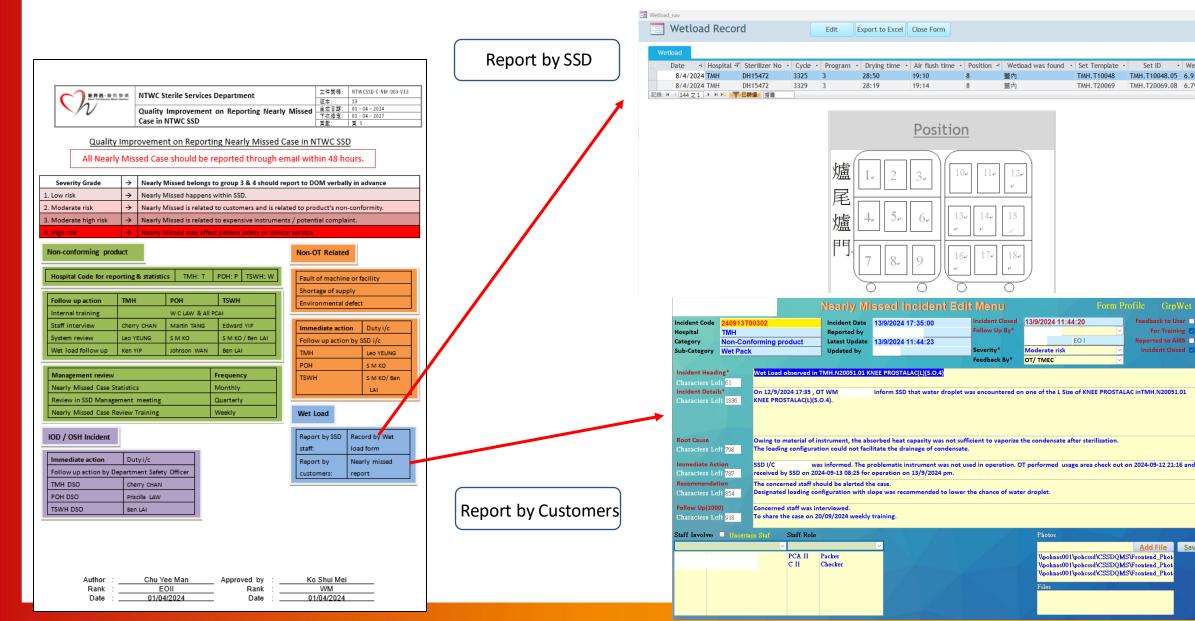
T&T Prog

Updated Training Contents



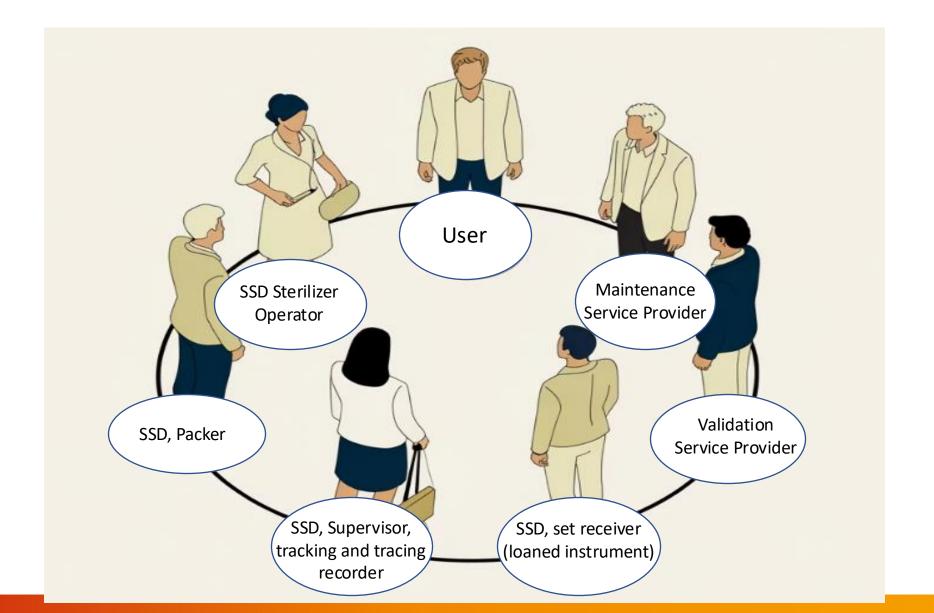


2) Systematic Incident Documentation





3) Multidisciplinary approach







4) Engagement of Frontline Staff







Test performed in CSSD Tuen Mun Hospital

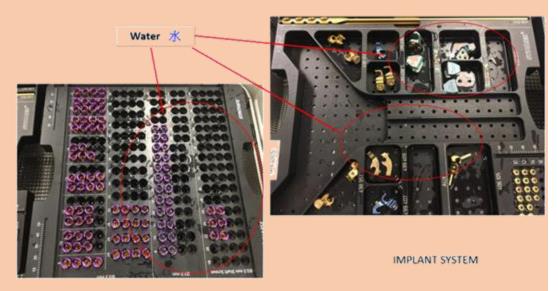
- ➤ 1 gallipot of sterile water (less than 50 ml) were randomly poured on to the instrument to simulate an extreme situation / the worst case.
- ➤ The tested item sets were undergone normal steam sterilization cycle







➤ Before Sterilization







➤ After Sterilization











Thank you for your attention



3RD TO 6TH DECEMBER 2025

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